# **Summary of Benefits 2025**

**UHC MedicareMax Dual Complete FL-Y6 (HMO-POS D-SNP)** H5420-016-000

Look inside to learn more about the plan and the health and drug services it covers. Contact us for more information about the plan.



## PCNhealth.com



♠ Toll-free 1-866-367-7525, TTY 711

8 a.m.-8 p.m. local time, 7 days a week



# **Summary of Benefits**

# January 1, 2025 - December 31, 2025

This is a summary of what we cover and what you pay. For a complete list of covered services, limitations and exclusions, review the Evidence of Coverage (EOC) at **PCNhealth.com** or call Customer Service for help. After you enroll in the plan, you will get more information on how to view your plan details online.

# **UHC MedicareMax Dual Complete FL-Y6 (HMO-POS D-SNP)**

Medical premium, deductible and limits		
Monthly plan premium	\$0 You may need to continue to pay your Medicare Part B premium	
Part B premium reduction	\$1.60 If your Medicare Part B premium is paid by Medicaid, or others on your behalf, you will not see the reduction.	
Annual medical deductible	This plan does not have a medical deductible.	
Maximum out-of-pocket amount (does not include prescription drugs)	\$0	
	This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from network providers.	
Medicare cost-sharing	If you have full Medicaid benefits or are a Qualified Medicare Beneficiary (QMB), you will pay \$0 for your Medicare-covered services as noted by the cost-sharing in this chart.	

Medical benefits			
· ·	tal care <sup>2</sup> an unlimited number of tient hospital stay.	\$0 copay per stay	
Outpatient hospital	Ambulatory surgical center (ASC) <sup>2</sup>	\$0 copay	

Medical benefits			
	Outpatient hospital, including surgery <sup>2</sup>	\$0 copay	
	Outpatient hospital observation services <sup>2</sup>	\$0 copay	
Doctor visits	Primary care provider	\$0 copay	
	Specialists <sup>1,2</sup>	\$0 copay	
	Virtual medical visits		with a network telehealth provider ve audio and video
Preventive	Routine physical	\$0 copay, 1 per y	/ear
services	Medicare-covered	\$0 copay	
	<ul> <li>Abdominal aort screening</li> <li>Alcohol misuse</li> <li>Annual wellnes</li> <li>Bone mass me</li> <li>Breast cancer s (mammogram)</li> <li>Cardiovascular (behavioral their Cardiovascular)</li> <li>Cervical and vascreening</li> <li>Colorectal cand (colonoscopy, fixest, flexible sign)</li> <li>Depression screening</li> <li>Hepatitis C screening</li> <li>Hepatitis C screening</li> </ul>	counseling s visit asurement screening disease rapy) screening ginal cancer cer screenings fecal occult blood gmoidoscopy) eening nings and	<ul> <li>Lung cancer with low dose computed tomography (LDCT) screening</li> <li>Medical nutrition therapy services</li> <li>Medicare Diabetes Prevention Program (MDPP)</li> <li>Obesity screenings and counseling</li> <li>Prostate cancer screenings (PSA)</li> <li>Sexually transmitted infections screenings and counseling</li> <li>Tobacco use cessation counseling (counseling for people with no sign of tobaccorelated disease)</li> <li>Vaccines, including those for the flu, Hepatitis B, pneumonia, or COVID-19</li> <li>"Welcome to Medicare" preventive visit (one-time)</li> </ul>

Medical benefits			
	Any additional preventive services approved by Medicare during the contract year will be covered.  This plan covers preventive care screenings and annual physical exams at 100% when you use in-network providers.		
Emergency care		\$0 copay (worldwide) per visit. If you are admitted to the hospital within 24 hours, you pay the inpatient hospital copay instead of the Emergency Care copay. See the "Inpatient Hospital Care" section of this booklet for other costs.	
Urgently needed so	ervices	\$0 copay (worldwide) per visit	
Diagnostic tests, lab and radiology services, and X- rays	Diagnostic radiology services (e.g. MRI, CT scan) <sup>2</sup>	\$0 copay	
	Lab services <sup>2</sup>	\$0 copay	
	Diagnostic tests and procedures <sup>2</sup>	\$0 copay	
	Therapeutic radiology <sup>2</sup>	\$0 copay	
	Outpatient X-rays <sup>2</sup>	\$0 copay	
Hearing services	Exam to diagnose and treat hearing and balance issues <sup>2</sup>	\$0 copay	
	Routine hearing exam	\$0 copay, 1 per year	
	Hearing aids <sup>2</sup>	\$3,200 allowance every year for 2 hearing aids	
		<ul> <li>A broad selection of over-the-counter (OTC) and brand-name prescription hearing aids</li> <li>Access to one of the largest national networks of hearing professionals with more than 7,000 locations</li> <li>3-year manufacturer warranty on all prescription hearing aids covers a trial period and damage or repair during warranty period</li> </ul>	

Medical benefits		
Routine dental benefits  Covered innetwork and outof-network.	Preventive and comprehensive <sup>2</sup>	\$5,000 allowance for all covered dental services*  \$0 copay for covered preventive and comprehensive services like cleanings, fillings and crowns  • No annual deductible  • Access to one of the largest national dental networks  • Freedom to see any dentist
Vision services	Exam to diagnose and treat diseases and conditions of the eye <sup>2</sup>	\$0 copay
	Eyewear after cataract surgery	\$0 copay
	Routine eye exam	\$0 copay, 1 per year
	Routine eyewear	\$0 copay Plan pays up to \$500 every year for lenses/frames and contacts. Plan covers polycarbonate lenses, anti- scratch and UV coatings at no cost to member. Home delivered eyewear available through select network providers (select products only).
Mental health	Inpatient visit <sup>2</sup> Our plan covers 90 days for an inpatient hospital stay	\$0 copay per stay
	Outpatient group therapy visit <sup>2</sup>	\$0 copay
	Outpatient individual therapy visit <sup>2</sup>	\$0 copay
	Virtual mental health visits	\$0 copay to talk with a network telehealth provider online through live audio and video
Skilled nursing factors of the second of the		\$0 copay per day: days 1-100

Medical benefits			
Outpatient rehabilitation services	Physical therapy and speech and language therapy visit <sup>2</sup>	\$0 copay	
	Occupational Therapy Visit <sup>2</sup>	\$0 copay	
	Virtual medical visits	\$0 copay to talk with a network telehealth provider online through live audio and video	
Ambulance <sup>2</sup> Your provider must obtain prior authorization for non-emergency transportation.		\$0 copay for ground \$0 copay for air	
Routine transporta	ition	\$0 copay for unlimited one-way trips to or from approved medically related appointments and pharmacies	
Medicare Part B prescription	Chemotherapy drugs <sup>2</sup>	\$0 copay	
drugs	Part B covered insulin <sup>2</sup>	\$0 copay	
	Other Part B drugs <sup>2</sup>	\$0 copay	

## Good news for 2025

The Coverage Gap, or "donut hole", has been eliminated and your out-of-pocket maximum cost is lower than ever. That means you're more protected from high drug costs in 2025.

Prescription drugs		
Deductible	\$0	
Initial Coverage 30-day <sup>^</sup> or 100-day supply from a retail or mail order network pharmacy		
All covered drugs <sup>3</sup>	\$0 copay (Some covered drugs are limited to a 30-day supply)	

<sup>^</sup>Members living in long-term care facilities pay the same for a 31-day supply as a 30-day supply at a retail pharmacy.

<sup>&</sup>lt;sup>3</sup> You will pay a maximum of \$0 for each 1-month supply of Part D covered insulin drugs.

		A -
Chiropractic services	Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) <sup>2</sup>	\$0 copay
Diabetes management	Diabetes monitoring	\$0 copay
	supplies <sup>2</sup>	We only cover Accu-Chek® and OneTouch® brands.
		Covered glucose monitors include: OneTouch Verio Flex®, OneTouch® Ultra 2, Accu-Chek® Guide Me and Accu-Chek® Guide.
		Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, Accu-Chek® Aviva Plus and Accu-Chek® SmartView.
		Other brands are not covered by your plan.
	Diabetes self- management training	\$0 copay
	Therapeutic shoes or inserts <sup>2</sup>	\$0 copay
Durable medical equipment (DME) and related	DME (e.g., wheelchairs, oxygen) <sup>2</sup>	\$0 copay
supplies	Prosthetics (e.g., braces, artificial limbs) <sup>2</sup>	\$0 copay
Fitness program		\$0 copay Your fitness program helps you stay active and connected at the gym, from home or in your community. It's available to you at no cost and includes:
		<ul> <li>Free gym membership</li> <li>Access to a large national network of gyms and fitness locations</li> <li>On-demand workout videos and live streaming fitness classes</li> </ul>

Additional benefits			
		Online memory fitness activities	
Foot care (podiatry services)	Foot exams and treatment <sup>2</sup>	\$0 copay	
	Routine foot care	\$0 copay, 6 visits per year	
Meal benefit <sup>2</sup>		\$0 copay for 28 home-delivered meals immediately after an inpatient hospitalization or skilled nursing facility (SNF) stay	
Home health care <sup>2</sup>		\$0 copay	
Hospice		You pay nothing for hospice care from any Medicare- approved hospice. You may have to pay part of the costs for drugs and respite care. Hospice is covered by Original Medicare, outside of our plan.	
Opioid treatment p	rogram services <sup>2</sup>	\$0 copay	
Outpatient substance use	Outpatient group therapy visit <sup>2</sup>	\$0 copay	
disorder services	Outpatient individual therapy visit <sup>2</sup>	\$0 copay	
Food, over-	the-counter (OTC)	\$344 credit every month to pay for OTC products, healthy food and utility bills	
		<ul> <li>Choose from thousands of OTC products, like first aid, pain relievers and more</li> </ul>	
		Buy healthy foods like fruits and vegetables, meat, seafood, dairy products and water      Death are a still to be like the set water.	
		<ul> <li>Pay home utility bills like electricity, heat, water and internet</li> </ul>	
		<ul> <li>Shop at thousands of participating stores, including Walmart, Walgreens, Dollar General and Kroger, or at neighborhood stores near you</li> </ul>	
Renal dialysis <sup>2</sup>		\$0 copay	
In-home support se	ervices	\$0 copay for 12 hours of in-home support after all inpatient hospital and skilled nursing facility discharges Prior authorization is required.	

<sup>&</sup>lt;sup>1</sup> May require a referral from your doctor.
<sup>2</sup> May require your provider to get prior authorization from the plan for in-network benefits.

<sup>\*</sup>Benefits are combined in and out-of-network

### **Member discounts**



As a UnitedHealthcare Medicare Advantage plan member, you'll have access to an exclusive collection of discounts on hundreds of products and services. Once you're a member, you can sign in to your member site for a list of discounts available to you.

#### **Medicaid Benefits**

Information for people with Medicare and Medicaid. Your services are paid first by Medicare and then by Medicaid.

The benefits described below are covered by Medicaid. You can see what Florida Medicaid Agency for Health Care Administration (AHCA) covers and what our plan covers.

Coverage of the benefits depends on your level of Medicaid eligibility. If Medicare doesn't cover a service or a benefit has run out, Medicaid may help, but you may have to pay a cost share. In some situations, Medicaid may pay your Medicare cost sharing amount. See your Medicaid Member Handbook for more details. If you have questions about your Medicaid eligibility and what benefits you are entitled to, call Florida Department of Children and Families, 1-850-300-4323.

Benefits	Medicaid	UHC MedicareMax Dual Complete FL-Y6 (HMO- POS D-SNP)
Inpatient Hospital Care	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts:  \$0 co-pay for Medicaid services (Including assistive care services)	Covered
Doctor Office Visits	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts:  \$0 co-pay for Medicaid services Including screening services, rural health services, federally qualified health centers, clinic services, and physician assistant services.	Covered

Benefits	Medicaid	UHC MedicareMax Dual Complete FL-Y6 (HMO- POS D-SNP)
Outpatient Surgery	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts:  \$0 co-pay for Medicaid services	Covered
Emergency Care	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts:  \$0 co-pay for Medicaid services	Covered
Urgently Needed Services	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts:  \$0 co-pay for Medicaid services	Covered
Diagnostic Tests Lab and Radiology Services and X- Rays	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts:	Covered

Benefits	Medicaid	UHC MedicareMax Dual Complete FL-Y6 (HMO- POS D-SNP)
	\$0 co-pay for Medicaid services	
Hearing Services	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.	Covered
Dental Services	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.	Covered
Vision Services	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts:  \$0 co-pay for Medicaid services including up to one routine vision exam, up to one pair of frames (includes Medicaid covered eyeglass lenses and frames) per year, and in total up to two pairs of lenses (includes Medicaid covered lenses) per year, or contact lenses (if medically necessary).  Prior authorization may be required and must be received by a participating vision provider.	Covered
Preventive Care	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts:	Covered

Benefits	Medicaid	UHC MedicareMax Dual Complete FL-Y6 (HMO- POS D-SNP)
	\$0 co-pay for Medicaid services	
<ul> <li>Mental Health Care</li> <li>Behavioral Health Targeted Case Management</li> <li>Community Mental Health</li> <li>Mental Health Case Management</li> </ul>	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts:  \$0 co-pay for Medicaid services	Covered
Outpatient Rehabilitation	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts:  \$0 co-pay for Medicaid services Including registered physical therapist, physical therapy services, occupational therapy services, and respiratory therapy services	Covered
Ambulance	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount. For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts: \$0 co-pay for Medicaid services	Covered
Transportation (Routine)	\$0 co-pay for Medicaid services	Covered

Benefits	Medicaid	UHC MedicareMax Dual Complete FL-Y6 (HMO- POS D-SNP)
	For enrollees who qualify for additional Medicaid benefits, Medicaid pays unlimited trips for this service if it is not covered by Medicare or when the Medicare benefit is exhausted when provided by a participating transportation provider.	
Prescription Drug Benefits	Medicaid does not cover Part D covered drugs.	Covered
Chiropractic Services	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts: \$0 co-pay for Medicaid services	Covered
Diabetes Supplies and Services	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts:  \$0 co-pay for Medicaid services	Covered
Durable Medical Equipment (Wheelchairs, oxygen, etc.)	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount. For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide	Covered

Benefits	Medicaid	UHC MedicareMax Dual Complete FL-Y6 (HMO- POS D-SNP)
	additional coverage subject to the following cost share amounts: \$0 co-pay for Medicaid services	
Foot Care (Podiatry services)	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount. For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts: \$0 co-pay for Medicaid services	Covered
Skilled Nursing Facility (SNF)	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts:  \$0 co-pay for Medicaid services Including physical therapy services, occupational therapy services, and respiratory therapy services.	Covered
Hospice	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount. For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts: \$0 co-pay for Medicaid services	Covered

Benefits	Medicaid	UHC MedicareMax Dual Complete FL-Y6 (HMO- POS D-SNP)
Renal Dialysis	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts:  \$0 co-pay for Medicaid services	Covered
Prosthetic Devices (Braces, artificial limbs, etc.)	Depending on your level of Medicaid eligibility, Medicaid may pay your Medicare cost sharing amount.  For services not covered by Medicare or if the benefit is exhausted, Medicaid may provide additional coverage subject to the following cost share amounts: \$0 co-pay for Medicaid services	Covered
Over-the-Counter Items (with prescription)	\$0 co-pay for Medicaid services	Covered

## **About this plan**

UHC MedicareMax Dual Complete FL-Y6 (HMO-POS D-SNP) is a Medicare Advantage HMOPOS plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live within our service area listed below, and be a United States citizen or lawfully present in the United States.

This plan is a Dual Eligible Special Needs Plan (D-SNP) for people who have both Medicare and Medicaid, and don't pay anything for covered medical services. How much Medicaid covers depends on your income, resources, and other factors. Some people get full Medicaid benefits.

Your eligibility to enroll in this plan depends on your type of Medicaid.

You can enroll in this plan if you are in one of these Medicaid categories:

- Qualified Medicare Beneficiary Plus (QMB+): You get Medicaid coverage of Medicare
  cost-share and are also eligible for full Medicaid benefits. Medicaid pays your Part A and
  Part B premiums, deductibles, coinsurance, and copayment amounts for Medicare covered
  services. You pay nothing, except for Part D prescription drug copays (if applicable).
- Specified Low-Income Medicare Beneficiary (SLMB+): Medicaid pays your Part B premium and provides full Medicaid benefits. You are eligible for full Medicaid benefits. At times you may also be eligible for limited assistance from your state Medicaid agency in paying your Medicare cost share amounts. Generally your cost share is 0% when the service is covered by both Medicare and Medicaid. There may be cases where you have to pay cost sharing when a service or benefit is not covered by Medicaid.
- Full Benefits Dual Eligible (FBDE): Medicaid may provide limited assistance with Medicare
  cost-sharing. Medicaid also provides full Medicaid benefits. You are eligible for full Medicaid
  benefits. At times you may also be eligible for limited assistance from the State Medicaid
  Office in paying your Medicare cost share amounts. Generally your cost share is 0% when
  the service is covered by both Medicare and Medicaid. There may be cases where you have
  to pay cost sharing when a service or benefit is not covered by Medicaid.

If your category of Medicaid eligibility changes, your cost share may also increase or decrease. You must recertify your Medicaid enrollment to continue to receive your Medicare coverage.

Our service area includes these counties in:

Florida: Broward, Miami-Dade.

## Use network providers and pharmacies

UHC MedicareMax Dual Complete FL-Y6 (HMO-POS D-SNP) has a network of doctors, hospitals, pharmacies and other providers. For routine dental services, you can use providers that are not in our network. This health plan requires you to select a primary care provider (PCP) from the network. Your PCP can handle most routine health care needs and will be responsible to coordinate your care. If you need to see a network specialist or other network provider, you may need to get a referral from your PCP. We encourage you to find out which specialists and hospitals your PCP would recommend for you and would refer you to for care, prior to selecting them as your plan's PCP. If you use pharmacies that are not in our network, the plan may not pay for those drugs, or you may pay more than you pay at a network pharmacy.

You can go to **PCNhealth.com** to search for a network provider or pharmacy using the online directories. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions.

## **Required Information**

UHC MedicareMax Dual Complete FL-Y6 (HMO-POS D-SNP) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal with Medicare.

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact our Customer Service number at 1-866-480-1086 for additional information (TTY users should call 711). Hours are 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, letra grande, audio o bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al 1-866-480-1086, para obtener información adicional (los usuarios de TTY deben comunicarse al 711). Los horarios de atención son de 8 a.m. a 8 p.m.: los 7 días de la semana, de octubre a marzo; de lunes a viernes, de abril a septiembre.

Benefits, features, and/or devices vary by plan/area. Limitations, exclusions and/or network restrictions may apply.

#### **Hearing aids**

Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Provider network size may vary by local market. OTC hearing aid warranties, if available, will vary by device and are handled through the manufacturer. One-time professional fee may apply for prescription hearing aids.

#### Routine dental benefits

If your plan offers out-of-network dental coverage and you see an out-of-network dentist, you might be billed more. Provider network may vary in local market. Dental network size based on Zelis Network360, May 2023.

#### Fitness program

Participation in the fitness program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. The fitness program includes standard fitness membership and other offerings. Fitness membership equipment, classes, activities and events may vary by location. Certain services, discounts, classes, activities, events and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these third-party services is subject to your acceptance of their respective terms and policies. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor.

Gym network may vary in local market and plan.

AARP® Staying Sharp® is the registered trademark of AARP. Staying Sharp, including all content and features, is offered for informational purposes and to educate users on brain health care and medical issues that may affect their daily lives. Staying Sharp is based on a holistic, lifestyle approach to brain health that encourages users to incorporate into their daily lives activities that are associated with general wellness. Nothing in the service should be considered, or used as a substitute for, medical advice, diagnosis, or

treatment. Features including the Cognitive Assessment and Lifestyle Check-Ins, Additional Tests, exercises, and challenges assess performance at a particular moment in time on certain discrete cognitive tasks. Staying Sharp games are intended for entertainment and recreational purposes only. Various factors may affect performance, including sleep, tiredness, focus, and other social, environmental, or emotional factors. Performance is not indicative of cognitive health and not predictive of future performance or medical conditions.

#### Food, over-the-counter (OTC) and utility bill credit

Food, OTC and utility benefits have expiration timeframes. Call your plan or review your Evidence of Coverage (EOC) for more information.

Eligibility for healthy food, utilities and \$0 copay for Rx benefits under the Value-Based Insurance Design model is limited to members with Extra Help from Medicare, and will be verified after enrollment.

The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

Optum® Home Delivery Pharmacy and Optum Rx are affiliates of UnitedHealthcare Insurance Company. You are not required to use Optum Home Delivery Pharmacy for medications you take regularly. If you have not used Optum Home Delivery Pharmacy, you must approve the first prescription order sent directly from your doctor to the pharmacy before it can be filled. Prescriptions from the pharmacy should arrive within 5 business days after we receive the complete order. There may be other pharmacies in our network.

Additional authorizations may be required to access discount programs. The discounts described are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the UnitedHealthcare grievance process. Discount offerings may vary by plan and are not available on all plans. The discount offers are made available to members through a third party. Participation in these third-party services are subject to your acceptance of their respective terms and policies. UnitedHealthcare and its respective subsidiaries are not responsible for the services or information provided by third parties.